





Trust is not about KNOWING what is going to happen, but BELIEVING what is going to happen.

## What helps us trust?

## Capable

Competent, Got the skills.

## Integrity

Reliable, accountable, consistent.

## Testimony

What do other people say?

Those who know your name trust in you, for you, O Lord, do not abandon those who search for you.

Psalm 9:10 (NLT)

"Don't let your hearts be troubled. Trust in God, and trust also in me. There is more than enough room in my Father's home. If this were not so, would I have told you that I am going to prepare a place for you? When everything is ready, I will come and get you, so that you will always be with me where I am. And you know the way to where I am going."

"No, we don't know, Lord," Thomas said. "We have no idea where you are going, so how can we know the way?"

Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me. If you had really known me, you would know who my Father is. From now on, you do know him and have seen him!"

John 14:1-6 (NLT)



Taste and see that the Lord is good.
Oh, the joys of those who take refuge in him!

**Psalm 34:8 (NLT)**